

Come with us for six magical nights.



Programme "Friends & Family" / 3 + 3 NIGHTS\* / 6 PEOPLE / 3 SUITE ROOMS

\* You may start your stay in Areias do Seixo and then go to Casas do Côro, or the opposite.



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## INCLUDES:

- ★ 3 Nights stay, breakfast included.
- ★ Welcome tea with homemade cake.
- ★ 1 Dinner at Areias do Seixo Restaurant... a trip of smells, flavors, and colors.
- ★ 1 Dinner by the Lake \*\* ... one way ticket to the distant places.
- ★ 1 Dinner "The discovery of a secret out of our doors" (Winery)... a fantastic dining experience, tasting fine Portuguese wines...
- ★ "Alma Floral" Massage that will touch your soul...
- ★ "From the Land to the Plate" ... let's pick herbs and vegetables from our biological vegetable garden and make your lunch with the help of our chef... Enjoy!
- ★ At the end of the day, red wine by the heat of the fire... A toast to life!
- ★ Farewell gift made in Areias do Seixo.

## WE ALSO INVITE YOU TO:

- ★ "Discovering the Dunes" tour... breathe in all the nooks and corners of the nature, the land, the ocean...
- ★ Free use of our bicycles... A real awakening of all senses...
- ★ Open the mysterious door of our SPA and immerse yourself in unique sensations (free access to Sauna and Turkish bath).
- ★ Picnic basket... Enjoy an escape to the great outdoors... Bring along a blanket and a basket full of goodies (20,00€ per person).
- ★ Unveil some secrets... discover more by reading your Astral Map (110,00€ per person)\*\*\*.
- ★ Through the Aura Reading, you obtain Conscience awareness! Information revealed may help you understand the present moment and unveil some future developments (110,00€ per person)\*\*\*.

## INCLUDES:

- ★ 3 Nights accommodation in a suite, including breakfast.
- ★ Welcoming drink followed by a guided tour to the Historical Village of Marialva.
- ★ 1 Al fresco dinner in our olive trees garden: enjoy a completely chill-out ambiance, with views to the pool and castle! \*\*\*\*
- ★ 1 Private dinner in the Atelie do Côro, including 4 different wines. After dinner, a walk across Marialva.
- ★ 1 Sensorial dinner with wine harmonisation in Casão do Largo.
- ★ 1 Dinner in a tavern, a genuine village cuisine in a rural ambiance.
- ★ Visit our biological garden, participate in several hands-on activities (as an option, Relax & Enjoy a sensorial experience for two in the SPA).
- ★ Fantastic boat tour across the region of Douro Superior. Travel along wine-producing estates and taste a Port of honour. On firm land, enjoy a unique belvedere and a former railway bridge to Spain\*\*\*\*. Have a magnificent lunch at a typical restaurant. (As an option, a tour to Quinta Museu da Ervamoir\*\*\*\*).
- ★ A cooking lesson with Carmen. Take home some secret ingredients!
- ★ At the end of the day, a Port Tonic on the lounge of the vineyard or by the fireplace tasting a typical toast!
- ★ Farewell gift : Casas do Côro wine.

## WE ALSO INVITE YOU TO:

- ★ Discover the most spectacular track of Douro Superior between Pocinho and Régua (two-way train journey) along the river Douro, passing by some of the most charismatic wine-producing estates. (17,00 € per guest).
- ★ Take the chance and visit the Douro Museum in Régua (6,00 € per guest).
- ★ Relax in the Sauna or the Turkish Bath with a superb view over the involving green landscape (included in the stay).
- ★ Make a time travel and visit the Côa Museum to learn how our common ancestors lived, through a show of light, image and technology! (5,00 € per guest).
- ★ Explore with the guides of Côa Valley Archaeological Park the greatest collection of open-air Palaeolithic representations known to Man (from 10,00 € per guest).
- ★ A gourmet picnic on a magical spot. To complete this totally unexpected and romantic experience, a fantastic bike ride with two electrical bikes! (27,50€ per guest).

\*\* Subject to the weather conditions and seasons. May be replaced by a Dinner at Areias do Seixo Restaurant.

\*\*\* Subject to availability of the therapist.

\*\*\*\* Depending on weather conditions throughout the year.

\*\*\*\*\* Visit the cave paintings, taste Port wine and have lunch in the Quinta.

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Total Price for 6 People = 13.200,00 €\*

\* The price includes airport / hotel / airport transfers, 1st hotel / 2nd hotel, as well as local transfers within the program.

- OPTION -  
MAKE YOUR JOURNEY FROM ONE HOTEL TO ANOTHER  
INSIDE AN HELICOPTER  
Total Price for 6 People including Helicopter = 22.342,00 €

- OPTION -  
WITH YOUR OWN CAR  
Total Price for 6 People = 11.700,00 €